



Your Child's First Dental Visit

First Dental Visit

Most American children don't see their family dentist until they are well over 2 years old, far later than is recommended by both dental and medical professionals.

The American Academy of Pediatric Dentistry (AAPD) recommends that a child go to the dentist by age 1 or within six months after the first tooth erupts. Primary teeth typically begin growing in around 6 months of age.



A child's first dental appointment is a milestone.



Here are some things you can do to make sure your child's first dental visit is a good one:

1. Find the right provider
2. Play up the first visit
3. Know your child's limit and respect it
4. Celebrate

Learn more about how your oral health connects to your overall health at: DeltaDentalMN.org

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